

COULD IT BE A CONCUSSION?

When in doubt, take the player out!

Observe the athlete for warning signs

Appears dazed or stunned

Is confused about assignment

Forgets the plays

Is unsure of game score or opponent

Moves clumsily

Answers questions slowly

Loses consciousness

Shows behavior or personality changes

Can't recall events prior to or after hit

Pupils are unequal in size

Does the athlete report these any of these symptoms?

Headache

Neck pain

Double or fuzzy vision

Balance problems or dizziness

Nausea or vomiting

Confusion

Drowsiness

Hearing problems or ringing in the ears

Concentration or memory problems

Feeling sluggish

- If your athlete exhibits any of these symptoms remove from play
- Only allow athlete to return to play with permission from and appropriate health care professional.